



2025 Diplomat Invite  
December 20, 2025

**FACILITY:**

Kunkel Aquatic Center, Alumni Sports & Fitness Center  
Franklin & Marshall College, Lancaster, PA 17604

Warmups begin at 9am and the meet starts at 11am.

The McGinness Pool is a 50m x 25y competition pool with non-turbulent lane lines. The competition course will be 8 deep-water lanes. There will be 13 lanes available for warm-up/cool down during the meet. A Colorado System 7 timing system with electronic pads and full 8-line scoreboard readout will display official times and finish.

**RULES:**

The meet will follow PIAA rules. The referee shall have full jurisdiction over the conduct of the meet and the enforcement of rules. Any questions or disputes that might arise will be settled by the Referee. We are working to have this meet US observed.

**INDIVIDUAL ENTRIES:**

There are no restrictions on total entries per team. Each swimmer is allowed to enter a maximum of 4 events, 2 individual and 2 relays or 1 individual and 3 relays.

**RELAY ENTRIES:**

Each team is allowed a maximum of two entries per relay. Relay personnel and changes can be submitted to the meet director on the day of the meet, no later than 15 minutes before the start of the event.

**ENTRY PROCEDURE:**

Entries are to be submitted using Hy-Tek Team Manager. The Team Manager event file will be sent to coaches by the meet director. Swimmers should be entered with times established during the 2025-26 competitive season. Swimmers with no established time for an event may be entered ("NT") and will be seeded randomly in the first heat.

The meet entry file will be sent the first week in December. Entries should be submitted to Joseph Stepnowski no later than 12:00 pm on Monday, December 15th. Preliminary psych sheets will be sent out the week of the meet, and heat sheets will be available at the meet.

**RESULTS:**

Meet results will be posted on our website at [www.swimcloud.com](http://www.swimcloud.com), as well as on Meet Mobile.



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#### SCORING

Scoring will be to 24th place

The scoring of place value for individual events shall be by the following points: 32, 28, 27, 26, 25, 24, 23, 22, 20, 17, 16, 15, 14, 13, 12, 11, 9, 7, 6, 5, 4, 3, 2, 1

Relay scoring will be: 64, 56, 54, 52, 50, 48, 46, 44, 40, 34, 32, 30, 28, 26, 24, 22, 18, 14, 12, 10, 8, 6, 4, 2

#### ENTRY FEES BY TEAM SIZE:

1-20 Swimmers - \$200

21-40 Swimmers - \$400

41+ Swimmers - \$550

Please make checks payable to "Franklin & Marshall College" and mail to:

Franklin & Marshall College

Attn: Joseph Stepnowski

P.O. Box 3003

Lancaster, PA 17604

#### TIMELINE:

An approximate meet timeline, based on entries, will be sent to coaches the week of the meet.

#### PARKING:

Parking will be available for both vans and buses on the west side of the Alumni Sports & Fitness Center. Please park on the west side of the building and walk up the path to the main entrance. The west side parking lot is at the traffic light adjacent to our turf field and a Turkey Hill convenience store.

QUESTIONS: Please feel free to contact assistant coach Lauren Myers and/or meet director Joe Stepnowski with any questions or concerns.

Lauren Myers  
Assistant Swimming Coach  
lmyers1@fandm.edu

Joseph Stepnowski  
Meet Director  
jstepnow@fandm.edu



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**Order of Events**

<b>Girls</b>	<b>Event</b>	<b>Boys</b>
1	200-Yard Medley Relay	2
3	200-Yard Freestyle	4
5	200-Yard Individual Medley	6
7	50-Yard Freestyle	8
9	100-Yard Butterfly	10
11	100-Yard Freestyle	12
13	500-Yard Freestyle	14
15	200-Yard Freestyle Relay	16
17	100-Yard Backstroke	18
19	100-Yard Breaststroke	20
21	400-Yard Freestyle Relay	22